

Issues PCAS can help you with:

- Help and support you through Adult Safeguarding
- Identified work under The Care Act
- A PAID Relevant Person's Representative for work under a DOLS (Deprivation of Liberty Safeguarding) order
- Supporting you to access a Solicitor for Wills, Power of Attorney, Divorce or House Sale
- Getting a Social Care Assessment of need
- Moving home or problems with your present accommodation
- Managing your finances or budgeting
- Talking through problems or concerns, help you to identify options and think about what you want
- Explaining information to you, so that you can make an informed decision
- Reading minutes of meetings to you, so that you understand the contents being discussed
- Going with you to meetings for moral support
- Making compliments and complaints about the services you receive

There are all sorts of issues a disabled adult may need help with, the above is just a small example

If you feel you have an issue, please contact us.

Who to talk to.....

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Service Manager**

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PCAS is partly funded by Shropshire Council

Registered Charity Number 1102986

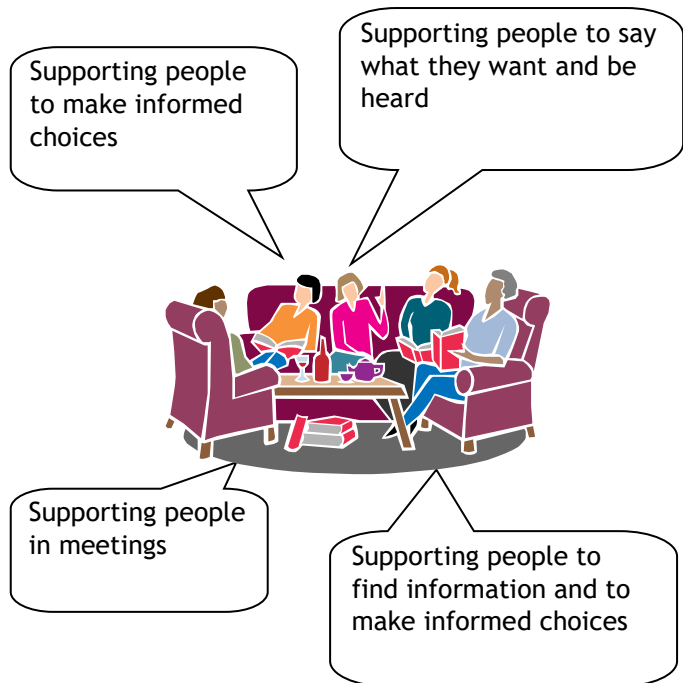
PCAS



Here when you need us

Shropshire Peer Counselling & Advocacy Service

Advocates Can Help With;



PCAS is a **FREE Independent Advocacy Service**, there to help and support you



PCAS helps any adult aged 18+

You might have a **Physical Disability**

You might be **Partially Sighted**

You might have a **Learning Difficulty**

You might have a **Mental Health Issue**

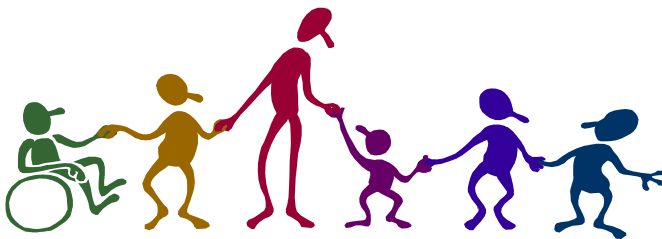
You might have an **Acquired Brain Injury**

You might have **Aspergers**

You might have **Alzheimer's**

We work with **people over 65**

You may have a combination of the above



PCAS can help people with any disability

It is wrong:-

- to move you or make other decisions without knowing your views
- for anyone to decide to spend money for you without asking
- to give you medical treatment without informed consent
- to have to put up with physical or sexual abuse
- for your keyworker to change without asking you
- to feel afraid in your own home
- to be disbelieved when you want to be listened to
- to be stopped from complaining
- to be stopped from seeing anyone you want
- to be denied opportunities to go out and enjoy yourself because of your behaviour
- to have your possessions taken away
- to be locked in your room
- for your views and choices to be ignored
- to be denied knowledge of your rights, or information about your treatment and service options
- for anyone to shout at you, or be rude
- to be discriminated against because of your gender, religion, race, culture, disability or sexuality
- to have to live with someone you don't like
- not to have access to meetings which concern you

How does PCAS work?

We come to you

Then we work with you until completion

We enable and empower you to live your life how you choose



Does this sound Familiar?

Here are a few examples of how PCAS can help

- No one ever seems to listen to my point of view
- I am feeling low at the moment
- What are my options,
- I need some support (Just don't know what)
- How do I get help from Social Services?
- My partner needs to go into a care home and I don't know where to start.
- I need help when writing letters.